# Rules for Beaches

**Bathing season:** starting on June 6

| Sand stretch usage | - Physical distance of 1.5 meters between each user, (which are not in the same group)  
|                    | - Distance of 3 meters between sun hats  
|                    | - Sports activities with 2 or more people are forbidden (except for nautical activities, surf classes and similar sports) |
| Awnings, thatched umbrellas and tents | - As a rule, each person or group can only rent this equipment in the morning (until 13h30) or in the afternoon (from 14h00)  
|                                                | - Distance of 3 meters between awnings and thatched umbrellas  
|                                                | - Distance of 1.5 meters between the limits of tents  
|                                                | - Max limit of 5 people per awning, thatched umbrella or tent  
|                                                | - Possible exceptional extension of concession area |
| State of occupation | - State of occupation announced through the signposting:  
|                                      | Green: low occupation (1/3)  
|                                      | Yellow: high occupation (2/3)  
|                                      | Red: full occupation (3/3)  
|                                      | - Information updated in real time, namely in the app “Info praia” and APA’s website  
|                                      | - Forbidden to park outside the parks and parking areas licensed for this purpose |
| Circulation rules | - One-way circulation direction with a physical distance of 1.5 meters  
|                        | - Circulation lanes, parallel and perpendicular to the coastline, may be defined |
| Bars, restaurants and terraces | - Regular hygiene of spaces (minimum: 4 daily cleanings)  
|                                                | - Limitation on capacity, according to the terms applicable to restaurants  
|                                                | - Possible reorganisation of terraces to ensure a safe distance |
| Mobile sales | - Mandatory use of mask and visor by the seller in contact with customers  
|                          | - The circulation of street vendors should be done with physical distance and preferably through circulation lanes |
| Equipment | - Forbidden the use of gulls, slides or indoor showers  
|                        | - Outdoor showers, sun loungers, mattresses or beach ashtrays should be sanitized daily or whenever a change of user occurs |
| General user duties | - Avoid access to areas with high or full occupation  
|                        | - Regular hand disinfection and mandatory on arrival at the beach  
|                        | - Ensuring physical safety distance in beach use and bathing |

**General Rules:**  
- Rules applicable only to “bathing beaches”  
- Possibility of interdiction of the beach in case of serious breaches by users or concessionaires

All information can be accessed in real time in the app InfoPraia and on the website [www.apambiente.pt](http://www.apambiente.pt)

Government document: Informal translation into English by Safe Communities Portugal