



# Turismo de Natureza Preparação, Autoproteção e Segurança Face a Incêndios Rurais

Proteção civil - a importância de  
uma boa comunicação

Apresentação de:  
Safe Communities Portugal

17 de fevereiro de 2020

Medalha de Mérito Turístico 2016



## Quem Somos:

- ✓ Associação registada e sem fins lucrativos nas áreas da prevenção e segurança pública dirigida por voluntários. Associação de serviço público.
- ✓ Publico alvo – Comunidade várias nacionalidades presentes em Portugal inclusivamente a Portuguesa – que estejam ou tencionem vir a território nacional, quer com o propósito de aqui residirem ou somente com fins lúdicos de permanência temporária.
- ✓ Registada em Novembro de 2012 como SCA (O nome foi alterado para SCP em Dezembro 2014)

# Quem Somos

- ✓ Organizações de voluntariado de proteção civil (OVPC) Portaria n.º 91/2017 de 2 de março (Ordinance 91/2017 of 2nd March),
- ✓ Dez protocolos com, AGIF, ANEPC, MAI, PSP, GNR, SEF, ANPC, e Turismo de Portugal - Trabalhamos em estreita colaboração com a Policia Judiciária, IPMA, INEM e ICNF
- ✓ Colaboramos com oito Embaixadas, Postos de Turismo e Câmaras Municipais
- ✓ Duas websites na internet que dá a conhecer o trabalho das forças de segurança e proteção civil
- ✓ Fonte de fundos através de doações.



No dia 18 de maio de 2018, o Conselho de Ministros declarou a Associação SCP Safe Communities Portugal uma Entidade de Utilidade Pública – Despacho n.º 4939/2018 – Diário da República n.º 96/2018, Série II de 2018-05-18”

**Despacho n.º 4939/2018**

I — A Associação SCP — Safe Communities Portugal, pessoa coletiva de direito privado n.º 510401015, com sede em Alfontes, Boliqueime, vem desenvolvendo, desde a sua constituição em 2.11.2012, relevantes atividades de interesse geral no âmbito da promoção da cidadania e da proteção de pessoas e bens, designadamente através do apoio às autoridades em matéria de segurança pública.

II — A Associação SCP — Safe Communities Portugal coopera com a Administração central através de protocolos celebrados com a Autoridade Nacional de Proteção Civil, com a Polícia de Segurança Pública, com a Guarda Nacional Republicana e com o Serviço de Estrangeiros e Fronteiras.

III — Por estes fundamentos, conforme exposto na informação n.º DAJD/1056/2017, que mereceu a concordância da Diretora de Serviços de Assuntos Jurídicos e Documentação e da Secretária-Geral Adjunta da Presidência do Conselho de Ministros, e que integra o processo administrativo n.º 123/UP/2016 instruído na Secretaria-Geral da Presidência do Conselho da Ministros, e no uso dos poderes que me foram delegados pelo Primeiro-Ministro através do Despacho n.º 3440/2016, de 25 de fevereiro, publicado no *Diário da República*, 2.ª série, n.º 47, de 8 de março de 2016, declaro a utilidade pública da Associação SCP — Safe Communities Portugal, nos termos do Decreto-Lei n.º 460/77, de 7 de novembro, com a redação dada pelo Decreto-Lei n.º 391/2007, de 13 de dezembro.

4 de maio de 2018. — A Ministra da Presidência e da Modernização Administrativa, *Maria Manuel de Lemos Leitão Marques*.

311337549

# Nossa Equipa



# Nossos Consultores



8 nationalities

# Compreensão

- ❖ Risco
- ❖ Prevenção
- ❖ Preparação
- ❖ Autoproteção

# Compreensão

- ❖ Risco
- ❖ Prevenção
- ❖ Preparação
- ❖ Autoproteção



Arnold Schwarzenegger

# Comunicação



=



# Âmbito dos nossos serviços



# Objetivos

- Prevenção – reduzir o risco
- Melhoramento – iniciando ideias
- Informação – Divulgação de Alertas
- Fornecendo informações atualizadas sobre desastres
- Aconselhar o publico
- Recursos – Procurar Donativos
- Reforçar a sensibilização/ educação publica



# Our websites



The screenshot shows the homepage of the safe communities portugal website. At the top left is the logo for safe communities portugal, featuring a green map of Portugal and the text "safe communities portugal" with "segurança" and "segurança" in smaller text below. To the right of the logo is the phone number (+351) 913045093 and the email address info@safecommunitiesportugal.com. Below this is a row of flags representing various countries: Portugal, Spain, France, Netherlands, Sweden, China, Russia, and Germany, followed by a Facebook "follow us" button. A green navigation bar contains the following menu items: Home, News / Events, Crime Prevention Advice, How we help you, Police, Civil protection, Cybercrime, About Us, Useful links, and Contact us. The main content area features a large image of a hillside town with a castle on top. Below the image is the text: "Portugal's only national registered non-profit crime prevention association providing dedicated information and support services to the community". At the bottom, there are three smaller images with text: "Visit our website for crime prevention links in the Algarve region" with the URL www.safecommunitiesalgarve.com, "For tourists" with an image of a cathedral, and "Emergency contacts" with an image of a helicopter.



The screenshot shows the homepage of the safe communities algarve website. At the top left is the logo for safe communities algarve, featuring a blue map of the Algarve region and the text "safe communities algarve" with "segurança" and "segurança" in smaller text below. To the right of the logo is the phone number (+351) 913045093 and the email address info@safecommunitiesalgarve.com. Below this is a row of flags representing various countries: Portugal, Spain, France, Netherlands, Sweden, China, Russia, and Germany, followed by a Facebook "follow us" button. A blue navigation bar contains the following menu items: Home, News / Events, Crime Prevention Advice, How we help you, GNR, PSP, PJ, SEF, About Us, Useful links, and Contact us. The main content area features a large image of a coastal town with a castle on a hill. Below the image is the text: "Portugal's only registered non-profit crime prevention association providing dedicated information and support services to the community". At the bottom, there are four smaller images with text: "Police station locator" with an image of a police station, "Safe Residence Programme" with an image of a man and a woman, "Safe Services Guide" with an image of hands shaking, and "Report suspicious activity" with an image of hands typing on a laptop.

# Safe Communities Portugal – website

safe communities portugal

(+351) 913045093  
info@safecommunitiesportugal.com

Portugal Algarve Lisbon

Home News / Events Crime Prevention Advice How we help you Police Civil protection Cybercrime About Us Useful links Contact us

Portugal's only national registered non-profit crime prevention association providing dedicated information and support services to the community

Public Safety

Emergency Contacts  
Fire – Ambulance - Police

Daily Safety Check

Portugal has great weather most of the year, although this can be very hot in summer with the risk of fires and cooler in the winter with heavy rain and snow in the north. Checking the following daily will help you know where there are fires, the daily fire risk, any flooding or other occurrences as well as the UV and weather alerts, so you can adjust your activities accordingly. Click the lights below to get the latest information from our Civil Protection page.



# IPMA

Full Contacts List - Districts - Municipalities

IPMA - Daily Fire Risk

IPMA - Daily UV Index

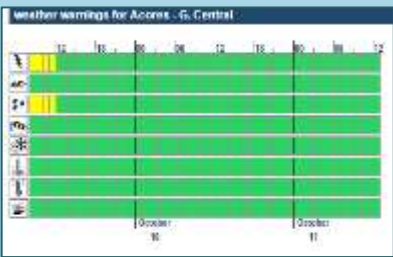
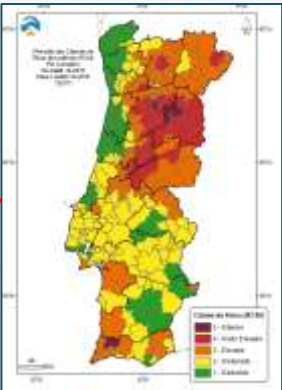
IPMA - Daily Weather

Earthquake activity

Weather Warnings

Current Forest Fire Situation






Madeira Civil Protection



# Seção de Proteção Civil

Portugal Algarve Lisbon Madeira

Home News / Events Crime Prevention Advice How we help you Police Civil protection Cybercrime About Us Useful links Contact us



**Rural Fires**  
Negligence during hot and dry weather causes most forest fires. Know how to prevent these and protect ourselves and property.

**Heavy Rains – Floods**  
Heavy rain, especially after long dry spells can lead to flooding. We can all help reduce the risks and protect our property and ourselves.

**Temperature Extremes**  
In summer temperatures can reach over 40C, and in winter below freezing. For our health it is important to know what to do, in such climates.

**Earthquakes – Tsunami**  
These are thankfully rare but the risk is high in Portugal. Knowing what to do in such circumstances can help reduce casualties.




Eight pages

59 downloads

23 links


# Incêndios rurais


(+351) 913045093  
info@safecommunitiesportugal.com




Portugal Algarve Lisbon Madeira

Home News / Events Crime Prevention Advice How we help you Police Civil protection Weather Cybercrime About Us Useful links Contact us







**Land Cleaning/Protection**  
Protect your house from rural fires by cleaning your land. Includes how to undertake safe burning of debris, and protection ranges.



**Rural Fire Prevention**  
Refers to critical fire period; levels of fire risk; laws on lighting of campfires; use of fireworks; and advice for tourists.



**During Fires**  
Know what to do should a fire break out. Government advice should a fire threaten your home. Monitoring fires.



**Aftermath of Fires**  
The laws can be quite complicated and are being updated. Check the laws here as well as other Government directives.

# Facebook



<https://www.facebook.com/scalgarve>

## Promoting warnings by Facebook

Event	Date	Reached	Shared
Albufeira flooding	November 2015	102,637	908
Flood warning	7 <sup>th</sup> May 2016	47,348	264
Madeira Incêndios Rurais	2016	137,898	811
Monchique Incêndios Rurais	2016	137,234	1115
<b>Pedrogao Grande</b>	<b>18<sup>th</sup> June 2017</b>	<b>176,710</b>	<b>1404</b>
<b>Incêndios Rurais– Sitrep</b>	<b>13<sup>th</sup> August 2017</b>	<b>79,023</b>	<b>650</b>
<b>Incêndios Rurais – Sitrep</b>	<b>14<sup>th</sup> October 2017</b>	<b>58,137</b>	<b>669</b>
ANPC Notification – Extreme Fire risk and high temperatures	31 <sup>st</sup> July 2018	80,000	1030
ANPC Hurricane Leslie Bulletin	13 <sup>th</sup> October 2018	148,004	1099



20 de julho de 2018



**Safe Communities Portugal**

Published by David Thomas [?]

· 20 July 2018 · 🌐

**SAFETY ADVICE TO THOSE UNDERTAKING OUTDOOR SPORTING ACTIVITIES IN VERY HIGH/MAXIMUM FIRE RISK AREAS - PLEASE SHARE**

The majority of the Algarve is currently (20th July) at "Very High" or "Maximum" Fire risk levels especially the Eastern part of the Region. With currently moderate winds and with low humidity (as low as 24% in Tavira) any fire will spread quickly.

FOR those undertaking outdoor lei... [See more](#)

Tag photo Add location Edit

342

36 comments 106 shares

Like Comment Share

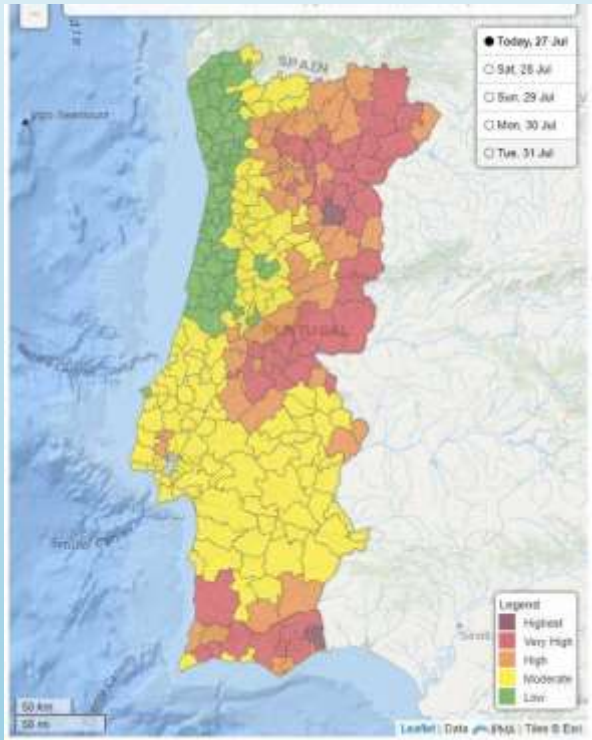
Most relevant ▾



Comment as Safe Comm...



# 27 de julho de 2018



Restrictions associated with the Wildfire Risk Class DURING the CRITICAL PERIOD	Low	Moderate	High	Very High	Highest
Burning for grassland renewal, cleaning stubble or debris that is uncut or cut on the ground, but NOT in piles, is not permitted					
The burning of piled-up waste is not permitted					
The use of stoves, BBQs and grills is prohibited in all rural spaces, except where used outside of the critical areas and in places duly authorised for the purpose.					
Smoking and all types of naked flames are prohibited in woodland and forests.					
Balloons with a lit fuse and rockets are prohibited. Fireworks are only permitted subject to authorisation from the Municipal Council.					
Fumigating and pest control in apiaries are prohibited except where the fumigators are fitted with spark retention devices.					
Spark retention devices and flame covers must be used on exhaust pipes and chimneys of machinery with internal or external combustion engines and on heavy transport vehicles. One or two 6 kg fire extinguishers must be carried depending on whether the maximum weight is less or more than ten tonnes.					



**Safe Communities Portugal**



Published by David Thomas [?]

- 27 July 2018 · 🌐

**PORTUGAL - RURAL FIRE RISK INFORMATION FOR TOURISTS – PLEASE READ AND SHARE**

Portugal has a very comprehensive rural fire risk system which is published daily by the IPMA (Government Meteorological authority).

Recently following a proposal by Safe Communities Portugal, the risk chart is now available in English. It has also been extended to show four days in advance instead of two previously. Th... See more

Tag photo Edit

90

24 comments 93 shares

Like Comment Share

Most relevant ▾

31 de julho de 2018



Viewed by over 40,000

 **Safe Communities Portugal** Published by David Thomas [?]  
- 31 July 2018 · 🌐

ON HOLIDAY IN PORTUGAL?  
PLANNING YOUR ACTIVITIES?  
PLEASE DO SO IN SAFETY, BY REFERRING TO THIS GOVERNMENT BULLETIN ISSUED 31 July 2018. PLEASE HELP BY SHARING.... [See more](#)

 Tag photo  Add location  Edit

  663 59 comments 496 shares

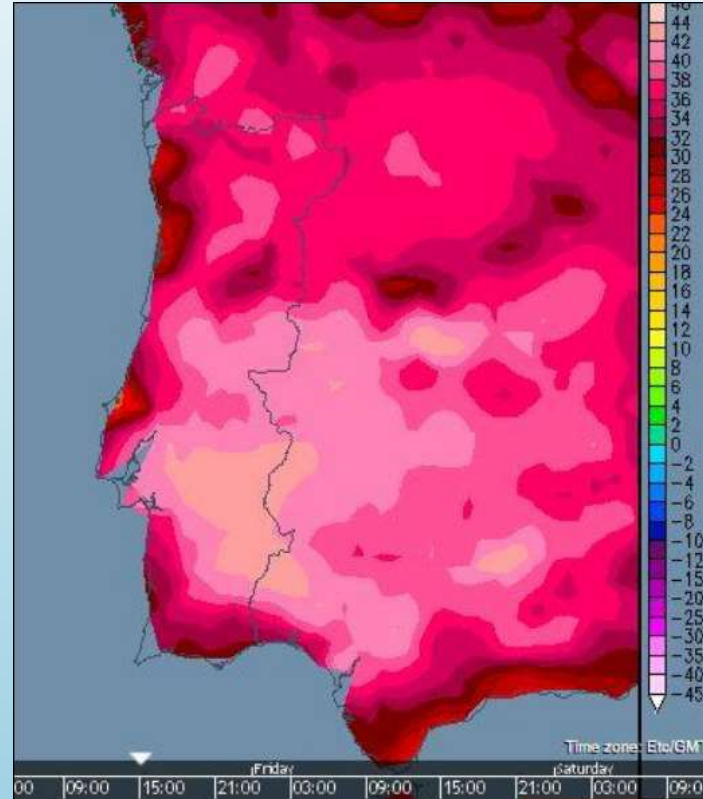
 Like  Comment  Share 

Most relevant ▾

 **Author**  
**Safe Communities Portugal** Please not also that UV levels are currently 9 or 10

 Comment as Safe Comm...    

2 de agosto de 2018




Viewed by over 45,000

 **Safe Communities Portugal** Published by David Thomas [?] - 2 August 2018 -

**RURAL FIRES – STATEMENT OF ALERT**  
SITUATION ISSUED BY GOVERNMENT – PLEASE NOTE AS IT MAY AFFECT YOUR ACTIVITIES AND KINDLY SHARE PLEASE  
VALID 2ND to 6TH AUGUST




Given the weather forecast for the next few days, pointing to a significant worsening of the risk of forest fires, the Government, through the Minister of Internal Affairs signed on Wednesday, an Order that determines the Alert Situation fo... [See more](#)

[Tag photo](#) [Add location](#) [Edit](#)

   617 37 comments 537 shares

[Like](#) [Comment](#) [Share](#)

Most relevant ▾

3 de agosto de 2018 - 0900 hrs



**Safe Communities Portugal**



Published by David Thomas [?]

· 3 August 2018 · 🌐

**ANPC NOTIFICATION OF SEVERE FIRE RISK  
ISSUED 3rd AUGUST 2018 - PLEASE SHARE**

The ANPC have issued a further notification to the public concerning the ongoing very high temperatures and associated fire risks.

In the Algarve the points to emphasize are that the humidity will be extremely low, below 20% and that overnight temperatures in some places could be as high as 30C. With such conditions the ... [See more](#)

Tag photo

Add location

Edit

247

15 comments 99 shares

Like

Comment

Share



Most relevant ▾



Comment as Safe Comm...



# 3 de agosto de 2018 (tarde)- Monchique Incêndios rurais



**Safe Communities Portugal**

Published by David Thomas [?]

· 6 August 2018 ·

**MONCHIQUE RURAL FIRES - SITREP 5TH AUGUST 2018 23.00 hrs**

Civil Protection Commander calls on the population to remain calm and urged people to trust the authorities to safeguard themselves.

At National Headquarters," the National Civil Protection Authority stated that the main front of the fire that has been spreading for three and a half days in the Sierra de Monchique has reached the Odelouca... [See more](#)

Tag photo

Add location

Edit

749

40 comments 122 shares

Like

Comment

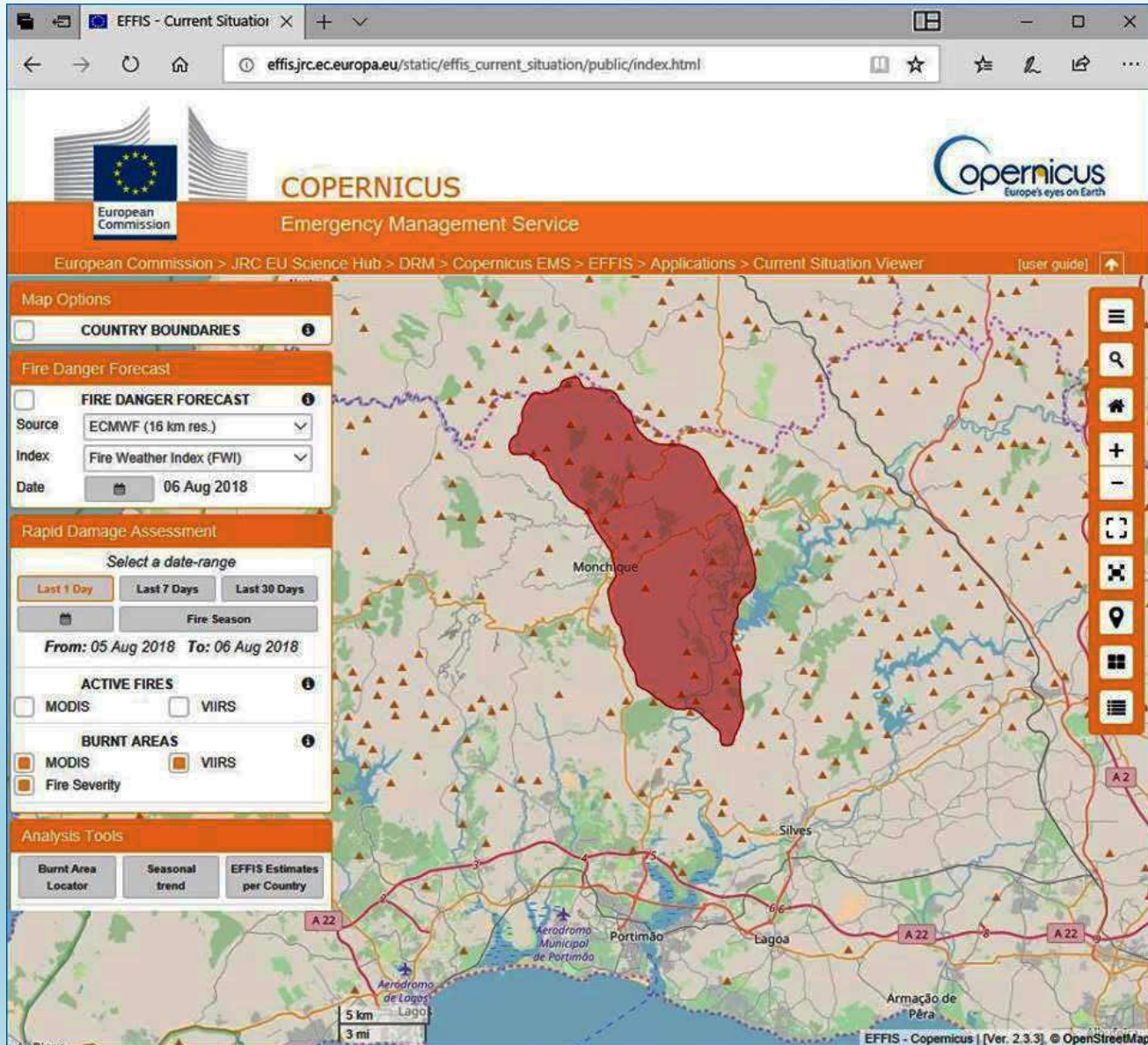
Share



Comment as Safe Comm...



# Monchique Incêndios rurais



## Safe Communities Portugal

Published by David Thomas [?]

· 6 August 2018 ·

MONCHIQUE FIRE – NEARLY 13,000 HECTARES ALREADY BURNED - PLEASE SHARE

These are the numbers provided by the territorial mapping, made through the European Union (EU) emergency satellite navigation system Copernicus.

Portugal has sent the European Commission a request for territorial mapping through Copernicus... See more

Tag photo Add location Edit

44

16 comments 81 shares

Like Comment Share

Most relevant ▾



**Sarah Menham** So sad, such a beautiful town, I really hope the fire doesn't do too much damage to buildings/humans and wildlife. 😞

Like · Reply · Message · 1y



Comment as Safe Comm...



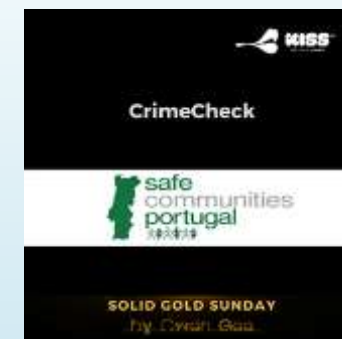
# Rubrica “Crime Check” na rádio

Rádio Kiss Fm – Último domingo de cada mês – 09:15

125 rubricas “Crime Check” desde 2013 – Temas mais regulares

- Sensibilização para os incêndios rurais e sua prevenção
- Boletins governamentais sobre questões de segurança pública
- Conselhos de prevenção da criminalidade para turistas
- Esquemas fraudulentos (“scams”) e fraudes
- Cibercriminalidade
- Tendências criminais e sensibilização

Várias questões urgentes, como, por exemplo, a cobertura dos incêndios rurais em 2017 e as inundações em Albufeira em 2015



# Como comunicamos

Método de comunicação	Estatísticas
Newsletter – duas vezes por mês	1400
Visitantes do site por dia (janeiro de 2020)	1423
Visitas à página do site por dia (janeiro de 2020)	3317
Site – países alcançados	91
Facebook (likes)	17.137
Mostras/seminários/exposições	40
Meios de comunicação (2018)	135
Consultas por dia (2018)	7-8



N.º AP/44/DCS/2018

DATA 2018-10-12

HORA 20h00

**WARNING TO THE POPULATION  
ADVERSE METEOROLOGICAL CONDITIONS**

**I. SITUATION**

The meteorological situation that will affect mainland Portuguese territory is still very uncertain, namely regarding the trajectory of the depression Leslie and the effects that it will have in relation to wind, precipitation and maritime agitation. The weather conditions and sea conditions are expected to increase from 19:00 hours on Saturday, 13<sup>th</sup> October 2018, reaching the most critical peak between 00:00 and 06:00 hours from Sunday regarding winds; 01:00 hrs to 16.00 hrs Sunday for precipitation and from 03:00 to 12:00hrs on Sunday, for high seas. The Portuguese mainland will most likely be affected in all its entire geographical area, and it is not possible to indicate precisely the areas with the greatest impact of this meteorological phenomena.

**Special caution with the wind is essential as a precaution, since it can blow heavily in some regions and can contribute greatly to the rapid development of rural fires that may occur.**

ANPC Warnings to the population translated by SCP in English



N.º AP/44/DCS/2018

DATA 2018-10-12

HORA 20h00















**AVISO À POPULAÇÃO  
CONDIÇÕES METEOROLÓGICAS ADVERSAS**

**I. SITUAÇÃO**

A situação meteorológica que irá condicionar o território continental português é ainda muito incerta, nomeadamente quanto à trajetória da depressão Leslie e aos efeitos que a mesma produzirá em relação a vento, precipitação e agitação marítima. Espera-se que as condições dos estados do tempo e do mar se agravem a partir das 19:00 horas de sábado, 13-10-2018, atingindo-se o pico mais crítico entre as 00:00 horas e as 06:00 horas de domingo, para o vento, as 01:00 horas e as 16:00 horas de domingo para a precipitação, as 03:00 horas e as 12:00 horas de domingo, para a agitação marítima. O território continental português será afetado muito provavelmente em toda a sua extensão geográfica, não sendo possível ainda indicar com precisão as áreas de maior impacto dos fenómenos meteorológicos.

**É essencial recomendar especial cuidado com o vento, por precaução, na medida em que, podendo soprar forte nalgumas regiões, pode contribuir sobremaneira para a evolução rápida dos incêndios rurais que venham a verificar-se.**

# Fire Risk in English for Tourists

Restrictions associated with the Wildfire Risk Class OUTSIDE the CRITICAL PERIOD	Low	Moderate	High	Very High	Highest
It is <b>PROHIBITED</b> to do <b>Extensive Burning</b> without <b>AUTHORIZATION</b> . Register in the application. Inquire at your Municipal Council or at <b>808 200 520</b> .					
It is <b>PROHIBITED</b> to make burning of <b>Piled-up Waste</b> without <b>AUTHORIZATION</b> or <b>PREVIOUS COMMUNICATION</b> . Register for the application. Inquire at your Municipal Council or at <b>808 200 520</b> .					
It is <b>PROHIBITED</b> the use of stoves, BBQs and grills in all rural spaces, except where used outside of the critical areas and in places duly authorised for the purpose.					
Stoves and grills may be used in places duly authorised for the purpose.					
It is <b>PROHIBITED</b> to fumigate and pest control in apiaries except where the fumigators are fitted with spark retention devices.					
Balloons with a lit fuse and rockets are <b>PROHIBITED</b> . Fireworks are only permitted subject to authorisation from the Municipal Council.					
The use of "trimmers" (unless they have a nylon line), brush cutters and stubble shredders is <b>PROHIBITED</b> on Maximum Risk days. Avoid the use of metal discs.					
Is permitted to use trimmers, bush cutters and stubble shredders					



<http://www.ipma.pt/en/ambiente/risco.incendio/index.jsp>

# Safe Village – Safe people

Share this advice with your family and the community

Find out about evacuation routes and places of shelter or collective refuge in your area of residence.

**Safe Village  
Safe People**

Get Ready and Protect Yourself from Rural Fires

IN CASE OF FIRE  
IMMEDIATELY CALL

**112**



REPUBLICA PORTUGUESA

POCUR 2020

**Veilig Dorp  
Mensen in Veiligheid**

Wees voorbereid en bescherm uzelf tegen bosbranden



REPUBLICA PORTUGUESA

**Village en Sécurité  
Personnes en Sécurité**

Soyez prêts et protégez-vous des feux de forêt



REPUBLICA PORTUGUESA

**Безопасные Поселения  
Безопасные Люди**

Будьте готовы защитить себя при пожаре



REPUBLICA PORTUGUESA

**Pueblo Seguro  
Gente Segura**

Prepárese y protéjase de los incendios forestales



REPUBLICA PORTUGUESA

**Sicheres Dorf  
Menschen in Sicherheit**

Seien Sie vorbereitet und schützen Sie sich vor Bränden im ländlichen Raum



REPUBLICA PORTUGUESA

# Portugal Chama

PORTUGAL CHAMA:  
**POINT YOUR  
CUSTOMERS IN THE  
RIGHT DIRECTION AND  
WARN THEM ABOUT  
THE DANGERS OF FIRE.**



# During Fires – MAI- ANPC Video Series



Eleven part series

- If you are near a fire
- If a fire approaches your home
- In case of evacuation
- In case of confinement within building
- If you get surrounded by fire

In Portuguese with English sub-titles

## Restrictions



From 1st July to 30th September or outside this period, whenever the wildfire risk is "very high" or "extreme", the following restrictions apply:

- › BBQ and grills are prohibited in all rural areas except in places duly authorised for the purpose
- › Smoking and all types of naked flames are prohibited in woodland and forests
- › Balloons with a lit fuse and rockets are prohibited
- › Fireworks are only permitted subject to authorisation from the Municipal Council
- › Accessing, circulating or staying by people and vehicles, shall be subject to conditions, in the following areas:
  - › Areas classified as "critical zones"
  - › Areas subject to forest control and under State Management
  - › Areas where there are corresponding signs indicating limitation of activities

**AVOID DISCARDING GLASS BOTTLES, GAS CONTAINERS AND OTHER DEBRIS, WHICH MAY START A FIRE**

## More information



Check the daily wildfire risk at [www.ipma.pt](http://www.ipma.pt) (National Meteorological Authority).

In exceptional circumstances, when the risk of wildfires is very high or extreme in some regions, a SMS is sent by the National Civil Protection to notify people located in these areas. This SMS is sent to both national and foreign registered phone users.

**TO REPORT A FIRE OR IN CASE OF EMERGENCY CALL 112 IMMEDIATELY**

# Safe Holidays

## Prevent and Protect Yourself From Wildfires

Whether you are staying in, or visiting, rural areas in Portugal, make sure you are prepared



# Falésias perigosas



# Cartão de Identificação de Emergência

- Reconhecido pelos serviços de emergência em Portugal
- Em português e inglês
- Gratuito
- Fácil de transferir dos sites
- Disponível para qualquer pessoa: residentes, turistas, residentes de longa duração
- Nenhuma preocupação com a privacidade dos dados – somente o titular está na posse da informação
- Basta transferir, preencher, cortar e plastificar
- Tamanho de cartão de crédito – fácil de transportar
- Fácil de atualizar a qualquer momento

**112 CARTÃO DE EMERGÊNCIA | EMERGENCY ID CARD**

NOME | NAME  IDADE | AGE

RESIDÊNCIA | OVERSEAS ADDRESS  NACIONALIDADE | NATIONALITY

AUTORIDADE DA RESIDÊNCIA | OVERSEAS LOCAL AUTHORITY

ESTADIA EM PORTUGAL | LOCAL PORTUGAL ADDRESS

**EM CASO DE EMERGÊNCIA CONTACTAR | IN CASE OF EMERGENCY NOTIFY**

NOME | NAME

**INFORMAÇÃO MÉDICA | MEDICAL INFORMATION**

DATA DE PREENCHIMENTO | FILL-IN DATE

DOENÇAS | DISEASES

ALERGIAS | ALLERGIES

MEDICAÇÃO | MEDICATION

AFDGI

INEM POLÍCIA SEGURANÇA PÚBLICA GNR

Associação Portuguesa de Segurança

**A utilização deste cartão poderá ajudar a salvar a sua vida numa situação de emergência**

**PREENCHA > CORTE > GARDE**  
**EM CASO DE EMERGÊNCIA VAI FALAR POR SI!**

The image shows a sample of the Emergency ID Card form. It is divided into two main sections: 'C112 CARTÃO DE EMERGÊNCIA' and 'INFORMAÇÃO MÉDICA'. The 'C112' section includes fields for 'NOME', 'RESIDÊNCIA', 'TELEFONE', and 'ESTRUTURA FAMILIAR'. The 'INFORMAÇÃO MÉDICA' section includes fields for 'SISTEMA DE SAÚDE', 'EDUCAÇÃO', 'ALERGIAS', and 'MEDICAÇÃO'. At the bottom, there is a red banner with the text 'EM CASO DE EMERGÊNCIA CONTACTE O 112' and logos for 'GNR', 'POLÍCIA', and 'BOMBEIROS'.

**HOW TO USE?**

After downloading the document, fill in the necessary fields and print in A4 format. Cut to size and keep it in your wallet so that it is easily found in an emergency. If there are changes to the entered data, repeat the process.

**COMO UTILIZAR?**

Após download do documento, preencha os campos que entender necessários e imprima em formato A4. Recorte à medida e guarde-o na sua carteira para que seja facilmente encontrado em caso de emergência. Se existirem alterações aos dados introduzidos, repita o processo.

Download from here:

**EMERGENCY ID CARD  
DOWNLOAD**



[www.safecommunitiesportugal.com/home page](http://www.safecommunitiesportugal.com/home page)



Obrigado



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